TNGS

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CONTENT

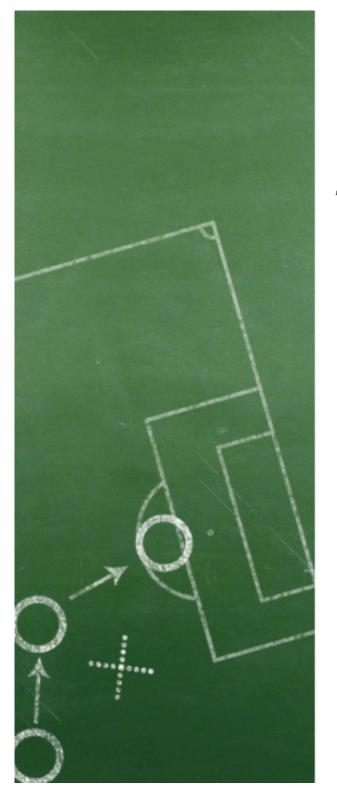
In this course you will get an understanding of the successful method of Spanish football youth You will visit the academies of Valencia CF, Levante UD and Villarreal FC. You will attend both lectures and practical sessions on the field. In this course you will improve your competence on how to manage, train and lead youth teams and youth players. The course will be held in English

TARGET GROUP

Coaches at all levels that wants to get new influences and tools in their daily work.

CERTIFICATION

You will receive a certificate of attendance issued by the University Polytechnic of Valencia



CONTENT

GOALS

You will have a deeper knowledge on why Spanish Football is so successful.

You will have the opportunity to know training model programs in Spain and also to have the chance to exchange your knowledge with the spanish coaches.

You will meet on first hand training session of youth teams at Valencia CF, Villarreal FC and Levante UD.

INSTRUCTORS

The instructors have experience from working in professional teams in Spain. Coaches specialized in high level youth training programs and talent development. You will get many opportunities to discuss football with the instructors during the course.



SCHEDULE

DAY I, WEDNESDAY 25/4

Theory (Why Spanish football is so successful, Grassroots programs in Spain)

Practical training - Interaction and communication

Introduction to Valencia CF academy Watch youth teams trainings at Valencia CF academy

DAY 2. THURSDAY 26/4

Theory - Model of game on U13 teams
Practical training - Attack organization
and defense organization
Introduction to Levante UD academy
Watch youth teams trainings at
Levante UD academy

DAY 3. FRIDAY 27/4

Theory - Moments of the game and creativity orientation
Practical training - Transition to attack and transition to defense
Introduction to Villareal FC academy
Watch youth teams trainings at
Villareal FC academy

DAY 4. SATURDAY 28/4

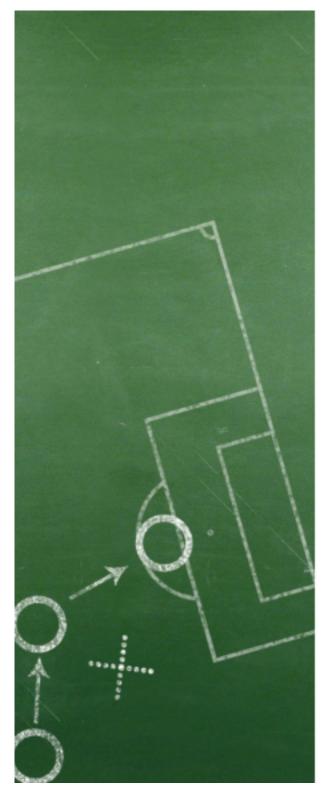
Theory - Sessions planning and designing: principles, tools and modern methods, visual coaching Practical training (Analysis of a youth team game)

DAY 5. SUNDAY 29/4

Summary and conclusions. -Review of the contents. Questions and Answers

Closing ceremony

Watch La Liga game (or depature for those who don't want to attend the match)



PRICE AND BOOKING

PRICE

The course costs 690 euros per coach. If you want to watch La Liga game we can buy you tickets if you register before 15/2. After that we can not guarantee there are seats available. (La Liga game 30 euros extra cost)

Flights, accommodation and food not included.

ACCOMMODATION

We recommend you to stay at <u>Hotel Beatriz</u> and you can book your room when you register for the course.

PLACES AND BOOKING

It is necessary a minimum of 10 assistants registered before February 28th to hold the course. You can book your places at info@coachenevents.se or (46) 725 040 311

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